

CB-BK WE2 2026: Session: 5: COACH evaluation sheet for TEAM: NOC

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: DELVAUX Valerie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:7, starttime: 08:49
Heat: 7/16 Lane : 1 Athlete: DOHN NINON					Q-time: 02:39:53
PB (50m pool): 02:39.53 Ottignies Louvain-La-Neuve 07/06/2026					PB (25m pool): 03:02.40 SB: 02:39.53 Ottignies Louvain-La-Neuve 07/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.17	01:11.65	02:03.23	02:39.53	
	00:35.17	00:36.48	00:51.58	00:36.30	
					

Coach feedback:

Event number: 34: 200M MEDLEY WOMEN 15+					Heat:14, starttime: 09:11
Heat: 14/16 Lane : 8 Athlete: FONTAINE HELOISE					Q-time: 02:30:71
PB (50m pool): 02:32.31 Antwerpen 27/04/2025					PB (25m pool): 02:30.44 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.72	01:13.48	01:56.04	02:32.31	
	00:32.72	00:40.76	00:42.56	00:36.27	
					

Coach feedback:

Event number: 36: 100M FREESTYLE WOMEN 15+					Heat:4, starttime: 09:48
Heat: 4/12 Lane : 6 Athlete: MARCHAL LAURALINE					Q-time: 01:02:81
PB (50m pool): 01:02.81 Ottignies Louvain-La-Neuve 07/06/2026					PB (25m pool): no time SB: 01:02.81 Ottignies Louvain-La-Neuve 07/06/2026
	5 0 M	1 0 0 M			
PB	00:30.50	01:02.81			
	00:30.50	00:32.31			
					

Coach feedback:

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Event number: 36: 100M FREESTYLE WOMEN 15+				Heat:6, starttime: 09:51
Heat: 6/12 Lane : 1 Athlete: DEBAY MANON				Q-time: 01:02:07
PB (50m pool): no time		PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M		
PB	no time	no time		
	no time			
				

Coach feedback:

Event number: 38: 200M BACKSTROKE WOMEN 15+					Heat:11, starttime: 11:05
Heat: 11/11 Lane : 8 Athlete: DOHN NINON					Q-time: 02:30:58
PB (50m pool): 02:30.58 Seraing 25/01/2026		PB (25m pool): no time SB: 02:30.58 Seraing 25/01/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.24	01:13.29	01:51.82	02:30.58	
	00:35.24	00:38.05	00:38.53	00:38.76	
					

Coach feedback:

Event number: 39: 200M FREESTYLE MEN 15+					Heat:5, starttime: 11:20
Heat: 5/19 Lane : 5 Athlete: FRANCOTTE BENJAMIN					Q-time: 02:08:97
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 40: 50M BREASTSTROKE WOMEN 15+				Heat:10, starttime: 12:09
Heat: 10/12 Lane : 3 Athlete: FONTAINE HELOISE				Q-time: 00:33:86
PB (50m pool): 00:35.52 Antwerpen 27/07/2025		PB (25m pool): 00:38.57 SB: no time		
	5 0 M			
PB	00:35.52			
	00:35.52			
				

Coach feedback: